



NEWSLETTER 11TH SEPTEMBER 2026



Wow! What an amazing start we have had to our learning journey in Early Years!

All staff are so proud of how well all of the children have quickly settled back into their school routine. They have already showed what beautiful manners they have and what good friends they are to each other. It has been lovely getting to know them all ❤️

The first two weeks back, we have been having fun doing activities linking to the story of, 'The Colour Monster' by Anna Llenas. We have been exploring different feelings and recognising our own emotions.

Children have been using their fine motor skills to cut pieces of coloured paper and create a mosaic on the colour monster. They have also enjoyed colouring and painting colour monster pictures as well as sorting out lots of different coloured pom-poms and objects for him. Children have also loved being outdoors and have used our wonderful Early Years outdoor area extremely well! 😊 Using the playdough has also been very popular! 😊

Next week, we are going to move on to a focus theme of, 'Goldilocks and The Three Bears,' which will link in with our whole school topic of, 'Health and Myself.'

Children will have opportunities to learn about healthy eating, cut hair for Goldilocks, work on size, ordering and sorting. explore hot and cold and lots more!

We are super excited to continue to learn through stories, play and exploring.

We are looking forward to an exciting year ahead with all Early Years children and their families.

Diolch, The Early Year Team 😊

Ethical, informed citizens
Ambitious, capable learners

Healthy, confident individuals
Enterprising, creative contributors

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This term, Year 1 and 2 will be embarking on an exciting Health and Myself topic, inspired by the much-loved book Supertato and all of his many adventures!

Through Supertato and his vegetable friends, we will be exploring what it means to live a healthy and active lifestyle. We will learn about different foods and the importance of eating a balanced diet, as well as exploring the benefits of exercise and keeping our bodies healthy. We will have lots of opportunities to get hands-on too, including taste testing a variety of foods and cooking some delicious recipes!

Our superhero theme will encourage the children to think about what makes someone a superhero, exploring different superhero roles, qualities and responsibilities. We will consider how we can all be superheroes in our own way by helping others, making healthy choices and showing kindness.

Welsh will be incorporated throughout our topic as we learn and use the Welsh names for different vegetables, as well as recapping and developing our vocabulary for feelings and emotions.

We will also be developing our DCF (Digital Competence Framework) skills by learning about coding and animation. The children will have the opportunity to bring our vegetable characters to life by creating their own coded sequences and animations.

Music will feature throughout our superhero adventures too! We will be introduced to a range of different genres of music, exploring music associated with superheroes and developing our understanding of beat, rhythm and movement.



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During our Autumn term topic, Scrumdiddlyumptious, our Year 3 & 4 children will be exploring the Areas of Learning and Experiences of Health & Wellbeing and Science through the exciting, hands-on learning experience. The children will learn about the human skeleton, main organs and different types of teeth, as well as how to keep their bodies healthy.

Our class novel will be *Charlie and The Chocolate Factory*, which will inspire character studies, descriptive writing, comprehension activities and the design of their own imaginative inventions. The children will research ingredients, compare prices in local supermarkets, plan and design their invention, purchase ingredients, create their own packaging and finally make and evaluate their product. As part of our learning, the children will also visit Tesco to taste and explore a range of fruits, create fruit sculptures, investigate where different fruits and vegetables come from, and learn about Fairtrade products. This topic will provide lots of opportunities for the children to develop their creativity, independence, teamwork and understanding of healthy choices through fun and meaningful real-life experiences.



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In Year 5 & 6, our topic '**The Beat Within Us**' it will be all about the human body, with a focus on the heart, blood and how we can keep ourselves healthy. The children will learn about the different parts of blood and the jobs they do, as well as how the heart pumps blood around the body. They'll take part in lots of practical investigations, including measuring their heart rate, seeing how exercise affects it and finding out if things like temperature, chewing gum or eating chocolate make a difference. They'll also compare the heart rates of different animals and investigate whether having longer legs means you can jump further!

We'll also look at how our lifestyle choices can affect our health. The children will learn about the dangers of smoking and alcohol, as well as what makes a healthy and balanced diet. Throughout the topic, they'll develop their science skills by asking questions, making predictions, planning fair tests, taking measurements, recording results and using evidence to explain what they have found out. It's going to be a fun and practical topic, with lots of opportunities to get involved and find out more about what makes our bodies work!

Mrs Hitchen and Miss Owens



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Diolch yn fawr for your continued support.

Mrs Beth Davies - Headteacher



SCHOOL TRAINING DAYS 2026 - 2027 are Monday 2nd November, Friday 18th December, Monday 4th January, Monday 19th and Tuesday 20th July. School will be closed to pupils on these dates.

Wednesday 17th September – Year 5 & 6 Ysgol Bryn Alyn Extravaganza

Monday 21st September – Reception Applications Open

Wednesday 24th September – Book Fair Open

Thursday 1st October – Book Fair closed

Wednesday 7th October – Individual & Family Photos

Wednesday 7th October- Parents Evening

Monday 12th October – Health Week

Wednesday 21st October – Autumn Disco (more details to follow)

Friday 23rd October – Penrhyn's Got Talent

Friday 23rd October – 3.15pm school closes for half term

Monday 2nd November – Staff Training Day. School closed to pupils

Tuesday 3rd November – School open for pupils

Wellies in The Woods



Join us for a free family learning course, giving parents and children the opportunity to learn and play together.

Enjoy a mix of games, stories, crafts, and more.
Perfect for families to learn, play, and make memories together.

 **11th September – 16th October, 2026**

 **1:00pm – 3:00pm**

 **Ysgol Penrhyn,
School Lane,
Southsea,
LL11 6SF**

BOOKING ESSENTIAL!

 Want to join? Contact the school to confirm a slot!

  groundworktraining.org.uk

 



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